

GET TO KNOW YOURSELF BETTER THAN EVER BEFORE

"The service Echelon Health is providing at present is, in my opinion, the best that can be achieved in current practice with existing knowledge."

Dr David J. Wilson MBBS BSc MFSE MFBIR FRCP FRCR

Past President, British Institute of Radiology

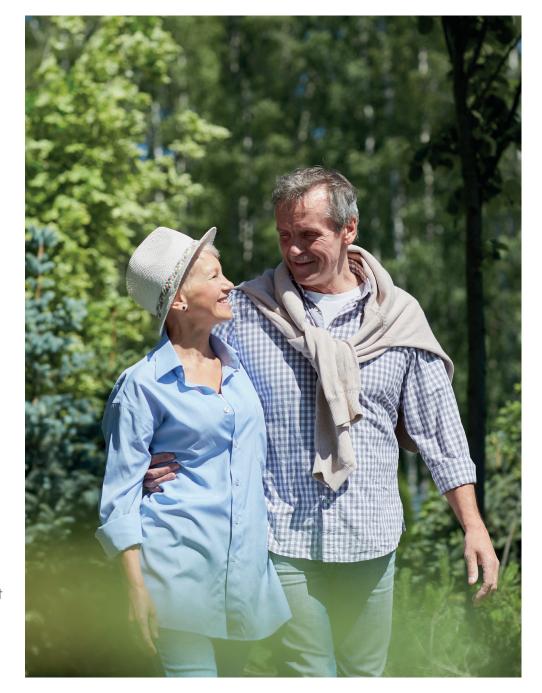
You live a busy life and you have a loving family. You have worked hard to get to this point so understandably, you want to stay fit and healthy for as long as you possibly can. Sometimes we need a helping hand to do that. Echelon Health's range of Health Assessments are designed to be that helping hand.

Unfortunately, disease doesn't respect wealth or status and while we can control many things in our lives, any of us can be struck down by disease at any time. Indeed, in the UK every 8 minutes someone suffers a heart attack. Over a third of these occur in people with no obvious risk factors and death is the 1st symptom in half of deaths due to heart disease.

Each year, over 350,000 people are diagnosed with cancer and 160,000 people die from cancer. 1 in 2 people in the UK will be diagnosed with cancer in their lifetimes.

However, the good news is that if caught early enough, almost all of the diseases that lead to premature death can be cured. Keeping your head in the sand won't make them go away – it just increases the chance of a catastrophe.

The problem is that most of the 'so called' executive health assessments available today just take a superficial view of you, as well as your risk factors, to give a you *probability* of your risk of disease. They may *estimate* that you are fine when in reality, you have a serious disease that you are just not aware of yet.



We are fundamentally different....

We take the guess work out of the process. Using a suite of some of the most advanced imaging equipment available, including CT, MRI and ultrasound scanners, as well as detailed blood tests, we actually look under the bonnet of your body.

As a result, we can see in incredible detail what is going on deep inside you. We can detect 92% of the diseases that if left undetected and untreated could lead to premature death.

....because we cut no corners

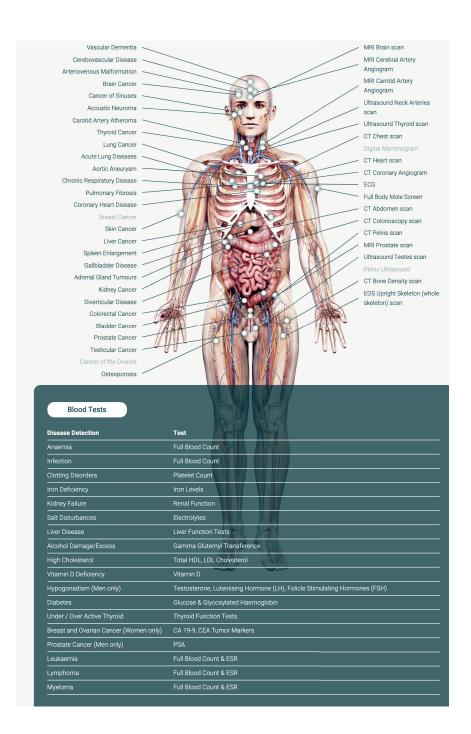
We are located in Harley Street, the premier location in the world for healthcare. We use the best equipment and the best radiographers to operate these advanced scanners.

The resulting images are reported on by up to 7 of the UK's leading radiologists, all drawn from centres of excellence, each reporting on their specialist area.

Our team of Doctors, led by our Medical Director Dr Paul Jenkins includes some of the most experienced operating in Harley Street today. If they find anything untoward at all, they have access to the best 'little black book' around and know, personally, the leading specialists to refer you to.

Prevention is always better than cure. At Echelon Health, we don't guess – we detect. We have saved lives. Yours could be next.

On our website you can find our unique Body Map (the male body is pictured but we have a female body map as well). The Body Map is completely interactive so you can hover over any disease on the left or imaging technique / test on the right and learn more about how Echelon Health detects those diseases that can lead to premature death.



Prevention is better than cure

At Echelon Health, we believe firmly in prevention being far better than cure. That's because sometimes we don't get the opportunity for a cure. Coronary heart disease can strike at any moment, unannounced. Most cancers, once they develop and cause symptoms, have far lower survival rates compared than if they are caught at an early stage of development.

Consider colon cancer as an example. There are around 30,000 new cases of colon cancer in the UK each year. Mortality occurs in around two thirds of them, yet >95% are derived from pre-malignant polyps (adenomas). The adenoma – carcinoma sequence can take up to 10 years so if caught early, colon cancer is essentially a preventable disease. At Echelon Health, we carry out a virtual CT colonoscopy which is quick and non-invasive, therefore carrying minimal risk of perforation and no need for sedation.





Not all scanners are the same

At Echelon Health, we undertake scans using all the core imaging modalities - CT (Computed Tomography), MRI (Magnetic Resonance Imaging) and ultrasound.

The reason is very simple. MRI is superb at detecting problems in the brain and in the prostate, but it cannot detect early stage lung cancer, cannot identify polyps in the colon that may need urgent investigation and it cannot detect furring up of the coronary arteries. Only CT can do those things so both modalities are essential. Ultrasound is also required for other specific assessments such as screening for thyroid tumours or imaging the testes or ovaries.

CT scanning does involve low dose X-rays and as a result, we always take great care to explain the process at every step of the way and ensure the benefits of carrying out the scans always outweigh any risks.

We offer a wide range of Health Assessments ranging from targeted assessments (e.g. for certain specific cancers as well as stroke risk) through to our more comprehensive Health Assessments, the most detailed of which is our Platinum Health Assessment. We also have Health Assessment packages that look for cancer more generally and we have our unique 3 year Evergreen Membership programme. So whatever your concerns, we will have a Health Assessment that will be able to help you assess them.

Platinum

£12,000 Men £11,500 Women

The Platinum Health Assessment is our flagship product and, we believe, without equal. If you are looking for a genuine 'head to toe' Health Assessment of the current state of your health and a baseline which you can use to plan ahead, then the Platinum is the Health Assessment for you.

We offer Platinum Health Assessments for both men and women. A rigorous analysis of the Office of National Statistics 'cause of death' data has shown that a combination of our medical questionnaire, our various scans and assessments plus a physical examination is able to detect some 92% of the diseases that if left undetected could lead to premature death. The figure is over 95% in women. When only the best will do, our Platinum Health Assessment is genuinely world class.

Gold

£8,000 Men £7,200 Women

The Gold Health Assessment is for those clients who are looking for the core components of the Platinum Assessment but want to focus on those areas likely to present the greatest risk to their health. As with the Platinum, we offer versions for both men and women. The same analysis of the Office of National Statistics 'cause of death' data that we undertook for our Platinum Health Assessment showed that a Gold package is able to detect for around 80% of the diseases that if left undetected could lead to premature death.



Covid-19 Health Assessments

2020 will be remembered for one thing – Covid-19. Whilst a vigorous debate continues over so many aspects of the virus, there are a few things we do now know for certain.

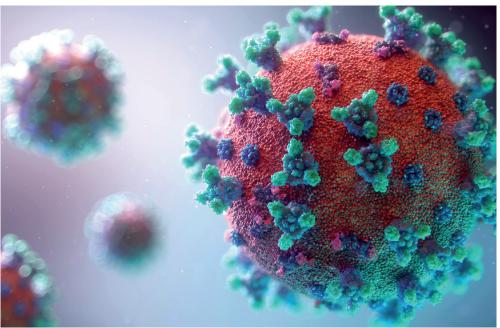
- Like other viruses that attack our respiratory system in the first instance, it
 can be an unpleasant disease to contract. It's therefore worth following
 all the guidance to minimise the risk of contracting it in the first place;
- Your underlying health condition will be a major factor in determining how serious Covid-19 could be if you do contract it;
- Covid-19 can affect many body systems and in some individuals cause severe complications; and
- There is increasing evidence that some individuals suffer so called 'long Covid', characterised by persistent symptoms many months after contracting it. These people require a longer period to recover than for other similar respiratory infections and may be understandably concerned that their long-term health has been adversely impacted in some way.

These are worrying times so we have created two brand new Health Assessments: Pre Covid-19 and Post Covid-19.

The Pre Covid-19 Health Assessment is designed to determine whether there are any underlying health conditions that may affect your risk from catching the virus in the first place or developing the complications from it. It has the significant added benefit that it may also identify other underlying health conditions which although not directly linked to Covid-19, should be addressed.

The Post Covid-19 Health Assessment is for people who have had Covid-19 yet still have symptoms and are keen to know whether these are due to complications of Covid-19 or due to other disease. We can then discuss your post Covid-19 management strategy with you, or refer you to an appropriate specialist if necessary.





Pre Covid-19

£2,950 Men & Women

For those who have not contracted Covid but are concerned about it

The majority of individuals who contract Covid-19 suffer only mild to moderate symptoms with the most common being fever, dry cough and shortness of breath. This is usually combined with joint aches, headaches, loss of taste and smell and gastrointestinal upset. However, a significant minority do develop complications requiring hospitalisation.

The complications that arise are predominantly:

Respiratory – including pneumonia, respiratory failure and acute respiratory distress syndrome (ARDS), as well as a high prevalence of venous thromboembolic (VTE) disease and pulmonary embolism.

Cardiovascular – Covid-19 can lead to a high inflammatory burden that can result in cardiovascular complications with a variety of clinical presentations. Inflammation of the heart muscle can result in its weakness, heart failure, arrythmias, heart attacks and in the most extreme cases, sudden death.

It is therefore very sensible to know, as a baseline, whether you have underlying health conditions of which you are not aware, and which would materially increase your risk of both contracting Covid-19 and also developing respiratory and cardiovascular complications should you catch it. Knowing what your risk is before you contract the virus means you may well be able to do something about it and be better prepared. Once you catch the virus, it is by definition too late to undertake any preparatory preventative health assessments.

It is becoming abundantly clear that Covid-19 is here to stay and that many will contract it. We therefore have to learn how to live with it. The best thing we can do, apart from taking sensible precautions to reduce the risk of catching it in the first place, is to know what our baseline health is and do something about it when we can. This is especially true with respect to those parts of our bodies most susceptible to complications from the virus.

What is included?

- A detailed medical questionnaire (to determine your medical history)
- A Covid-19 antigen swab test to confirm you do not have active disease
- Comprehensive blood tests
- An electrocardiogram to determine heart rhythm / detect signs of heart disease
- Cardio Pulmonary Exercise Testing (CPET) to gather objective information on how your heart and lungs perform during graded exercise in a clinically controlled environment. The key performance indicators we measure include:
 - Heart rate response during exercise
 - Aerobic capacity and maximum rate of oxygen consumption (VO₂ Max)
 - Anaerobic threshold and production of lactic acid
 - Aerobic power output
- An echocardiogram to determine function of the heart muscle
- A CT coronary angiogram the most accurate and specific means of determining any furring up of your heart arteries
- A CT chest scan (depending on medical history and current symptoms)
 (An additional charge would apply)
- A follow up consultation to discuss your results and your personalised management strategy



Post Covid-19

£ - See panel bottom right

For those who have had Covid or are concerned they might have and are comcerned about the consequences of it

For most of us, contracting Covid-19 is just a passing irritation, albeit often a severe one. We feel unwell but then recover, usually within 2-3 weeks. Indeed, we know that in younger people, they can often contract the disease yet be completely asymptomatic and unaware they have even had it at all.

For some, it is not so straightforward. A small proportion of patients continue to experience severe symptoms for many months after having recovered from the acute infection. Symptoms can include persistent shortness of breath (often after minor exertion), severe fatigue which can be utterly debilitating, muscle aches, headaches, brain fog and difficulty concentrating, as well as temperature disturbance and mood changes.

Our Post Covid-19 Health Assessment is for those who have had Covid-19 yet exhibit on-going symptoms and wish to know whether these are due to complications of Covid-19 or the exacerbation of pre-existing, underlying health conditions of which they were not aware. It is possible that you have both and we can distinguish between the two for you.

We can't change the fact you have had Covid-19, but this assessment will determine the direct consequences of the disease. We can then devise a treatment plan and refer you to further specialists if necessary.

What is included?

We have split this Health Assessment into two parts. In Part A, after you have completed your medical questionnaire, we will invite you for a pre-consultation with one of our senior doctors via video conference or phone. This is important in order to determine your current symptoms and main concerns because different people respond to Covid-19 in different ways. As such we may need to discuss and agree on the most appropriate scans you have in Part B.

Part A

- A detailed medical questionnaire (to determine your medical history)
- A pre-consultation with a consultant physician to determine your current symptoms and main concerns
- A Covid-19 antigen swab test to confirm you do not have active disease

Part B

- Comprehensive blood tests (including a blood Covid-19 antibody test)
- An electrocardiogram to determine heart rhythm / detect signs of heart disease
- Cardio Pulmonary Exercise Testing (CPET) to gather objective information on how your heart and lungs perform during graded exercise in a clinically controlled environment. The key performance indicators we measure are:
 - Heart rate response during exercise (this is often abnormal Post Covid)
 - Aerobic capacity and maximum rate of oxygen consumption VO₂ max (as this is usually reduced Post Covid)
 - Anaerobic threshold and production of lactic acid (offen impaired Post Covid)
 - Aerobic power output (usually reduced Post Covid)
- An echocardiogram to determine function of the heart muscle
- A CT chest scan to look for residual signs of inflammation & infection
- CT coronary angiogram +/- CT pulmonary angiogram (subject to symptoms)
 to determine any furring up of the heart arteries and blood clots to the lungs
- A follow up consultation (to discuss the results and your personalised management strategy)

Notes on the price of Post Covid-19

The exact elements included in Part B will depend on your needs after discussion with your Echelon Health Doctor in Part A. However, we would expect the total cost to be around £2,950.

If additional elements are recommended, these will be explained clearly to you in Part A and the Health Assessment will only proceed once you are happy.

Core Cancer

£4,950 Men & Women

If your main concern is cancer, our Core Cancer Health Assessment is designed to detect at as early a stage as possible those cancers which are some of the biggest killers today. It includes principal cancers such as breast, prostate, bowel, pancreas and liver as well as thyroid, kidney and adrenal glands. While it does not routinely include lung cancer, this can be added for an additional charge on the advice of your Echelon Health Doctor if clinically indicated in your history or if you are particularly concerned.

Healthy Heart

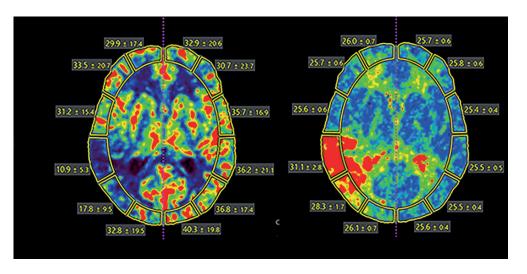
£1,950 Men & Women

If your main concern is your heart (and for many, that is the logical starting point) then our Healthy Heart Assessment is focused on giving you peace of mind. The entire assessment can be undertaken in less than an hour but you can have the confidence of undergoing a CT coronary angiogram that will look with incredible detail at the inside of your heart arteries to see if there is anything about which to be concerned. It is often the case that the worst atheroma occur in those with no external signs of symptoms.

Healthy Brain

£1,250 Men & Women

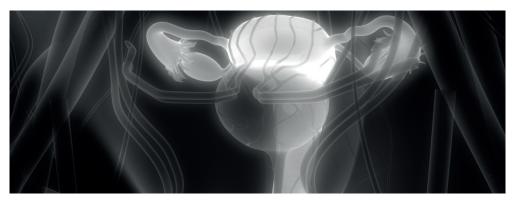
The Healthy Brain Health Assessment is for those people who are most worried about their brain and the risk of having a tumour or developing early signs of dementia. It features an MRI brain scan and an initial self administered screening test for memory loss and cognition. Depending on these results, further investigations may be recommended.



Stroke Risk

£1,500 Men & Women

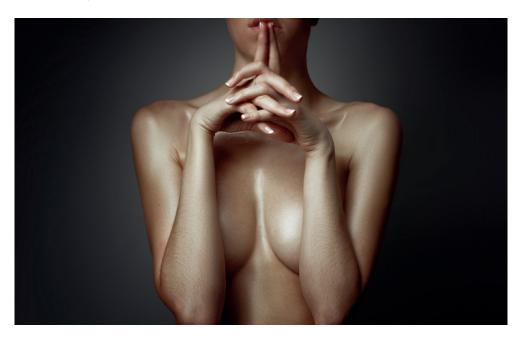
The Stroke Risk Health Assessment is for those people who have particular concerns over their risk of a stroke. It involves a powerful MRI scan of the brain tissue (to determine signs of any previous small strokes or vascular damage) as well as the brain arteries. The latter looks for any aneurysms or arterio-venous malformations that would increase the risk of brain haemorrhage. The scan also looks at the inside of the neck arteries, which supply blood to the brain, looking for signs of furring up.



Well Woman

£1,000 Women

This Heath Assessment screens for some of the most common cancers that affect women - breast and ovarian. In addition to a comprehensive medical questionnaire and blood tests, we carry out a digital mammogram (the gold standard in breast cancer detection), and an ultrasound of the ovaries with a detailed explanation of the results at the end of the process.



Individual Cancer Health Assessments

Our individual cancer Health Assessments are designed for those people who have a particular concern of developing a specific cancer. This may be for a variety of reasons including family history. We offer these Health Assessments for four of the most common cancers:

Lung Cancer

£1,000 Men & Women

Colorectal Cancer

£1,500 Men & Women

Pancreatic Cancer

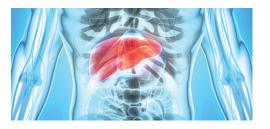
£1,200 Men & Women

Prostate Cancer

£1,100 Men









What is included?

Our wide range of Health Assessments suit different needs, timescales and budget. All the individual elements of the various Health Assessments we offer are listed here. To see which elements are included in each Health Assessment, please check out the table on page 14.

Comprehensive medical auestionnaire

Every Client completes a detailed medical questionnaire that ensures a full medical history is taken. This is reviewed by one of our Doctors who may need to speak with you to establish more detailed information relating to your health and risk factors.

Blood tests

We will carry out a range of blood tests appropriate to the scope of your Health Assessment. For example, our Platinum Health Assessment tests for over 40 parameters.

Cardio Pulmonary Exercise Test (CEPT)

This gathers objective information on how your heart and lungs perform during graded exercise in a clinically controlled environment. The key performance indicators we measure are:

- Heart rate response during exercise
- Aerobic capacity and maximum rate of oxygen consumption (VO2 max)
- Anaerobic threshold and production of lactic acid
- Aerobic power output

ECG

An electrocardiogram (or ECG) records the rhythm, rate and electrical activity of your heart. It is painless and takes only a few minutes to do.

Echocardioaram

An echocardiogram (also known as an 'echo') is an ultrasound scan to show how the heart muscle and valves are working. The sound waves generate dynamic (moving) pictures of the heart enabling us to determine size, shape and any sign of abnormality.

CT gorta

This scans the aorta, the main artery within the body, looking for signs of an aneurysm (dilation) which could increase the risk of a catastrophic rupture.

CT heart / CT coronary angiogram (CTCA)

Our heart scans are divided into two elements. Some of our Health Assessments incorporate just the CT heart whereas others cover both CT heart and CTCA.

A CT heart (Calcium Score) examines your overall heart arteries for calcium deposition, the earliest sign of any 'furring up' (atheroma). A CTCA then directly visualises the inside of your arteries to determine the exact location and severity of any atheroma.

The CTCA is unique in its ability to visualise so called 'soft plaque', the most vulnerable to rupturing and causing a heart attack. This is classically seen in individuals who have few risk factors for heart disease and superficially appear fit and healthy but who go on to suffer a heart attack.

This scan has almost 100% sensitivity and specificity for detecting coronary heart disease.

CT pulmonary angiogram

This scan visualises the inside of the pulmonary arteries, which carry blood from the heart to the lungs, and looks for signs of any clots (emboli) which can occur in Covid-19 infections.

CT chest scan

This scan looks for evidence of tiny nodules which could be the early signs of lung cancer. We can detect cancers as small as 1 - 2mm.

This is far more accurate than a chest X-ray which can only detect tumours of 10mm or above, at which point it is almost always too late for cure.

MRI cannot image the chest accurately.

CT abdomen / pelvis scans

With these scans we are looking for signs of abnormalities or tumours in your liver, gallbladder, spleen, pancreas, adrenal glands, kidneys, bladder and lymph glands.

CT virtual colonoscopy scan

This scan is looking for colonic polyps and possible signs of bowel cancer. Almost all colon cancers (over 90%) develop from polyps over a period of around 10 years which means they are largely preventable by screening for polyps.

Our virtual colonoscopy is much less invasive than a traditional fibre-optic colonoscopy meaning minimal risk of bowel rupture and requires no sedation. In around 85% of cases no further action is required.

MRI abdomen

An MRI scan of the abdomen visualises the abdominal organs including the pancreas gland and can be used when a virtual colonoscopy is not being performed (the latter can only be done by a CT scanner).

MRI Brain scan

The MRI brain is looking for indications of any tumours or significant abnormalities. The scan also includes the sinuses and inner ears.

Neuropsychiatric assessment

We use a self-administered validated test to detect early signs of cognitive memory or thinking impairments. It evaluates your thinking abilities and helps us to know how well your brain is working. Depending on your results, further tests and investigations may be recommended.

MRI cerebral artery anaioaram

The MRI cerebral artery angiogram looks directly at your brain arteries to see if there is any narrowing or malformation. Evidence of either would indicate an increased risk of stroke or haemorrhage.

MRI carotid artery angiogram

This looks to see if there is any narrowing of the neck arteries that supply blood to the brain. Evidence of such would indicate an increased risk of stroke.

Ultrasound neck arteries

The ultrasound scan (Doppler examination) is an alternative means of looking at the blood flow through the neck arteries to determine any narrowing and consequent risk of stroke.

Ultrasound thyroid

This is the best method of visualising the thyroid gland to look for any tumours or nodules.

Ultrasound testes / ovaries scans

We look to see if there is any evidence of testicular or ovarian tumours or cysts.

MRI prostate scan (men only)

The PSA blood test, whilst an important part of any prostate check, is insufficient on its own. A high powered MRI scan of the prostate is the most accurate means of detecting what has become the most common cancer in the UK.

Digital mammogram (women only)

A full field digital mammogram is the most accurate means of visualising breast lumps or the early signs of cancer in women over 40. Any other assessment risks missing something of vital importance.

CT bone density

A CT bone density scan is an extremely accurate method of measuring the density of your bones and determining the presence of osteoporosis and risk of future bone fracture in your spine and hip.

It provides a true measurement of volume density (mg/cm³) of the spine vertebrae and is not subject to external influences such as calcified lymph nodes or calcium in the aorta.

EOS CT Upright skeleton scan

This is an ultra low dose CT scan in a machine similar to one you might see in an airport security facility. By scanning the entire skeleton in a standing position we can determine whether you have any postural issues or a predisposition to spinal disc problems or lower back pain.

Full body mole screen

A full body mole screen will look at your entire body to see whether you have any visually atypical moles. If so, a single mole scan will be carried out and checked by a specialist dermatologist. Skin cancer can be one of the most rapidly developing and aggressive cancers if left undetected.

Final Consultation / Summary of results

Your scans / assessments are reported on by some of the leading specialist radiologists in their respective fields and then explned clearly to you by a senior Echelon Health Doctor. If anything untoward has been found, we have the experience and network to refer you to the most appropriate specialist.

Evergreen Membership

We know that for some people, the idea of having a large range of scans and assessments all in one go is not ideal. There may be many factors to consider: time, priorities and cost to name but three. If so, Evergreen could be the answer.

Evergreen Membership is a rolling 3 year Health Assessment programme, specifically tailored to your needs. It delivers a comprehensive series of scans, investigations, examinations and consultations which, when combined together, enable us to detect around 92% of the diseases that if left undetected could lead to premature death.

Every year of membership you will receive the following core elements:

- A full and comprehensive medical questionnaire will be reviewed by one of our senior consultant physicians (very detailed in Year 1). In subsequent years, you will be asked to notify us of any changes in your medical situation which will once again be reviewed
- A comprehensive set of blood tests covering over 40 parameters
- A full body mole screen (carried out at our Harley Street Clinic by our award winning partner The Mole Clinic)
- A follow up consultation after whichever scan module you have had (see right), with a senior Echelon Health Doctor

In addition to the core elements, each year you will undergo one of the three modules set out on the right such that at the end of the 3 year programme, you will have completed all the modules. The order you have the modules is flexible and can be agreed between you and your Echelon Health Doctor, taking into account your medical history and any personal, specific, risk factors.

You pay a one off activation fee and then a monthly membership fee. However, we know circumstances change from time to time so if you want to end your membership, at any time for any reason then you can. The only thing we ask is that you give us 30 days' notice.



Cardio

- CT heart scan
- CT coronary angiogram
- CT aorta scan
- CT chest scan
- Ultrasound thyroid scan
- Ultrasound testes scan
- Ultrasound ovaries scan



Abdomen & Pelvis

- EOS upright skeleton scan
- CT abdomen scan
- CT pelvis scan
- CT bone fensity scan
- CT virtual colonoscopy scan



Brain, Neck & Other

- MRI brain scan
- MRI carotid artery angiogram
- MRI cerebral artery angiogram
- MRI prostate scan
- Digital mammogram



Packages & Pricing The table below sets out the elements included in each of our Health Assessments.

PRICE	Well Woman	Lung Cancer	Prostate Cancer	Pancreatic Cancer	Healthy Brain	Stroke Risk	Colorectal Cancer	Healthy Heart	Pre Covid	Post Covid	Core Cancer	Gold	Platinum	Evergreen
MEN WOMEN	- £1,000	£1,000	£1,100 -	£1,200	£1,250	£1,500	£1,500	£1,950	£2,950	£2,950*	£4,950	£8,000 £7,200	£12,000 £11,500	£500 + 36 x £375
Medical questionnaire	•	•	•	•	•	•		•			•	•	•	
Blood tests	•	•	•	•	•			•	•		•	•		
ECG					•			•				•	•	
Cardio Pulmonary Exercise Test													n/a	n/a
Echocardiogram													n/a	n/a
CT aorta scan														
CT heart scan														
CT coronary angiogram														
CT pulmonary angiogram										0			n/a	n/a
CT chest scan		•							0			•	•	•
CT abdomen / pelvis scans														
CT virtual colonoscopy scan														
MRI brain scan					•								•	•
Neuropsychiatric assessment													n/a	n/a
MRI cerebral artery angiogram														
MRI carotid artery angiogram														
Ultrasound neck arteries scan													n/a	n/a
Ultrasound thyroid scan														
Ultrasound testes / ovaries scan														
Digital mammogram (women)														
MRI abdomen scan													n/a	n/a
MRI prostate scan (men)			•											
CT bone density scan													•	•
EOS CT upright skeleton scan														•
Full body mole screen														•
Consultation / summary of results	•	•							•			•		

^{*} final price of Post Covid-19 Health Assessment dependant on Pre Consultation with Doctor n/a indicates that the same organ is scanned elsewhere within your Health Assessment package

O may be required as an additional scan and is dependent on symptoms and discussion with you - additional charge may apply

Methods of Payment

Our preferred method of payment is by BACS transfer. We can accept payment via Credit and Debit Cards in certain circumstances. Please enquire for further details. Our Evergreen Membership requires the setting up of a simple monthly direct debit.

Babylon Health

As an additional benefit of choosing either a Platinum Health Assessment or Evergreen Membership, we are delighted to make membership of Babylon Health available to you within the cost of your package and subject to terms and conditions. See our website for full details.





Terms and Conditions

We've worked hard to make sure the terms and conditions of all our Health Assessments are transparent and straightforward. You can check out the terms of our Client Care Agreements (our standard form contracts) along with our Privacy Policy and approach to data protection at any time by looking on our website.



About Echelon Health

Echelon Health Ltd is a company registered in England & Wales:

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Website: www.echelon.health Email: info@echelon.health

We are regulated by and registered with the Care Quality Commission.

For further details on any of our Packages or Evergreen Membership, please email us at **info@echelon.health** or call us on **020 7580 7688** or **07375 791713**.



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