



echelon health Checklist

We know that sometimes, it is difficult to compare one health assessment to another. Everyone claims theirs is the best as well as the most comprehensive which is understandable. However, when you are trying to make sense of it all it can be like trying to compare apples and pears.

To make life easier, we have produced this handy checklist. Set out on this page are all the scans, checks, assessments and tests (including blood tests) that comprise our Platinum Health Assessment. Next to each one are a couple of handy boxes so you can make a note of what you are being offered elsewhere.

Remember that some diseases (Lung Cancer, Coronary Heart Diseases and Colon Cancer for instance) can only be properly detected using CT. Also, if you opt for our Platinum Health Assessment, we can do the entire assessment (other than the follow up consultation) in 6 hours - in just one visit. And if having filled in the Checklist you are still a little bit confused with what you are being told, remember we are there to help at any stage in the process.

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	Platinum	Other A	Other B
CT Abdomen scan	✓		
CT Virtual Colonoscopy scan	✓		
CT Pelvis scan	✓		
MRI Prostate scan (Men)	✓		
Ultrasound Testes (Men)	✓		
Ultrasound Ovaries (Women)	✓		
CT Bone Density scan	✓		
EOS CT Upright Skeleton scan	✓		
Full body mole screen (skin cancer)	✓		
Physical Examination	✓		
Follow up consultation with Physician	✓		

Scans & Assessments	Platinum	Other A	Other B	Blood Tests (principal)			
Detailed Medical Questionnaire	✓			Full blood count - testing for anaemia	✓		
ECG	✓			Biochemistry - renal function & balance of salts	✓		
MRI Brain scan	✓			Liver function - evidence of strain / damage by toxins	✓		
MRI Cerebral Artery Angiogram	✓			Bone function - assess factors e.g phosphate for bone strength	✓		
MRI Carotid Artery Angiogram	✓			Fasting glucose - to determine diabetes risk	✓		
Ultrasound Thyroid scan	✓			HbA1C (Glycosylated haemoglobin) - long term avge glucose	✓		
CT Aorta scan	✓			Total, LDL & HDL Cholesterol - cardiovascular and stroke risk	✓		
CT Heart scan (Calcium score)	✓			Triglycerides - circulating lipid - heart diseases and fatty liver	✓		
CT Coronary Angiogram	✓			Iron levels - low iron levels can be indicator of bowel cancer	✓		
CT Chest scan	✓			Thyroid function (T4 / TSH) - assesses function of thyroid	✓		
Digital mammogram (Women)	✓			PSA - Prostate specific antigen helps detect prostate cancer	✓		
				Vitamin D - muscle & bone strength, cognitive function	✓		
				CEA - general tumour marker	✓		
				CA 19.9 (Women) - a tumour marker for breast cancer	✓		
				CA 125 (Women) - a tumour marker for ovarian cancer	✓		
				Covid 19 Antibody test	✓		